

## Volunteer Proclamation at City Hall

The City Council issued two proclamations on Tuesday, April 5: one recognizing National Volunteer Week April 10-16, and the other in honor of National Library Week and Carlsbad Reads Together.

Councilwoman Farrah Douglas read the proclamation that honored Carlsbad Literacy Services volunteers. Last year, 106 volunteers spent 12,869 hours helping 110 adults learn how to read. That equates to around \$300,000 worth of services.

Carrie Scott, the community outreach supervisor for the literacy program, said, "We not only change the lives of the people we serve, but we change the lives of our volunteers." She explained that the program has helped learners get better jobs, read to their children, and use computers.

Meli Barrett, volunteer tutor in Literacy Services, said she thought learners would want to be able to read books and newspapers, but found out they had difficulties doing everyday things such as reading contracts, street signs, and directions for medications. "I have been matched with an adult learner for about eight months, and in that time, I've seen him earn a license, get certification pertaining to his job ... get two job promotions and a separate job offer."



Proclamation Ceremony at Carlsbad City Hall

# Community of Learning Celebration

Save the date of Sunday, June 5, 2011 to attend a program honoring life-changing experiences with Literacy Services.

All learners, tutors, family and friends are invited to attend the program at the Carlsbad Senior Center 2:30-4:00 p.m. A reception with cake, coffee and punch will follow immediately.

Invitations will be in the mail soon with more details including directions. For more information ask any staff member.





Look for our new Events Calendar that provides a monthly view of Literacy Services classes and activities. A calendar is posted in each tutoring room along with flyers that have details about upcoming classes and events. See what appeals to you!

## Summer Plans

Summer is coming, and many of you may be planning vacations. Also, some of you may have friends or family members coming to visit.

Our tutoring program is year-round, so we do not take the summer off. Please talk to your learning partner and to the staff as soon as possible if you are planning to take time off over the summer.

Remember that adults and older children are welcome to use the library downstairs during open hours while you have your tutoring session (Monday-Thursday 11 a.m.-6 p.m., and Friday 11 a.m.-5 p.m.)

If you are unable to attend during the summer, please let us know so that we can plan to rematch you with a new learning partner when you return in the fall.



Agnes M. - advertising

Kim G., Anna M., Betty G., Bob S., Agnes M.
- advocacy letters

Lee R. - magazines

Betty G. - lemons, copy paper

Christi K. - magazine

Monica G. - acrylic display

Alma L. - assorted cookies

Bev L. - magazine

Anna M. - cookies, mini candy bars

Dominique C. - books

Rita A. - fruit candy

Elmer R. - magazines, calendar

Lory M. - sweet peas

Claudia J. - orchid

Ann W. - vocabulary flash cards

Ginny G. - energy bars and snacks



In May, staff members will visit with each pair for a check-in meeting.

This will take only a few minutes, usually at the beginning of your session. This is an excellent opportunity for learners to review goals and accomplishments, and for tutors to let us know if there are resources you need.



We congratulate these learners for sharing their writing with us, and thank their tutors Elmer R. and Ricki D. for their guidance. If you are interested in a Writer's Toolkit for your learner, or information about how to have learner articles published in future editions of the Learning Connection, please see a staff member.

## Publish Yourself!

### How to Find Time to Study —By Daniel C.

Finding time to study can be challenging for many people who have a job and want to succeed. For example, I have two jobs and have to find time to study on my English, since my English skills are not too strong at this time. I do it so I can go back to Mira Costa College this fall with better English skills and have an easier time with all of the classes I decide to take. I think we all need good English skills to pass a college class with a good grade.

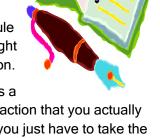
Many people would just find an excuse and would simply say it is impossible. That was me a couple of months ago but I realize that life is simpler with a college education. I know it is challenging to find time if you have a job and have to complete little tasks like: chores, making meals throughout the day, going out shopping for food or other necessities, or even dealing with children. This takes a lot of time out of your day, but finding time to study is not impossible if you do it the right way.

For example, when I work all day and do not have time to study a whole hour or two at a time, I study little by little throughout the day. I usually spend twenty five minutes in the morning and between jobs and find more time at night before I go to sleep. I try to avoid distractions like television or my computer; these take valuable study time.

Saying it is impossible is just an excuse and shows that one does not really want to be successful. Many people have different schedules, therefore they have to adjust the time when they can study and also the amount of time. One just has to learn

to be organized. A schedule that might work for me might not work for another person.

At the end of each day it is a very good feeling of satisfaction that you actually did something proactive, you just have to take the first step and hold on until it becomes a normal routine. Furthermore one will find it very rewarding throughout time when the goal is reached.



### Healthy Eating —By Kristin C.

The main points for healthy eating habits are to eat right and also to exercise. Eating right is hard to do when you are used to having all the wrong foods like pizza, bread, butter, pasta, and red meat.

I used to eat that way until I talked to my tutor Ricki. Ricki wrote a healthy eating plan for me. Ricki included a chart with good and bad fats and how to lower your cholesterol. Ricki helped me a lot.

I attended a class at the Carlsbad Library Learning Center and my tutor Ricki was the speaker. There were a lot of people that attended and I learned a lot more information. Now what I do differently is I read food labels and I also look to see how much the saturated fat is. I am glad I attended because I learned a lot more of how to eat healthy and I have lost a lot of weight eating this way!



# New Staff Members

We are pleased to have two new people working in Literacy Services, Mayra Turchiano and Taylor Tirona.



Taylor Tirona



Mayra Turchiano

They are both currently working in other Carlsbad City Library locations, and they will be available to help fill schedules for vacations and special events for us.

Mayra and Taylor are both experienced library employees and will be cross-trained in the work processes of Literacy Services.

We look forward to working with Mayra and Taylor. Please introduce yourself when you see them!

Find the current version of the Learning Connection online at www.carlsbadca.gov > Literacy > Literacy newsletter

## New Classes

### Get that job! A series of workshops

### April 26 through June 14

These 1-hour, tutor and staff led workshops will help learners and tutors find jobs online, learn what makes an excellent résumé, and learn what to do to prepare for an interview. Finally, workshop



participants will have an opportunity to attend a mock interview!

Each workshop will be held on a Tuesday from 11:30-12:30 beginning April 26 and ending June 14. A list of workshops can be found in your Literacy Services mail folder, and more information is available at the Help Desk.

Learners and tutors are both encouraged to attend, but since each class is limited to 8 participants, we will give learners priority when signing up ahead of time.

### U. S. History

#### May 2 through June 20

On Monday evenings from 6 to 7pm and beginning on May 2, learners will have the opportunity to learn about basic U.S. history.



This class will emphasize the portions of U.S. history that learners will need to know in order to pass the U.S. Citizenship exam.

Tutors are welcome to attend for the information, but please note that we will be using materials geared toward our adult learners. Please be sure to sign up at the Help Desk.

